

BINGO!

MARK THE TASK OFF WHEN YOU HAVE FINISHED IT. TRY TO FINISH IT THIS WEEK.

Turn off all
lights that don't
need to be on

Find out if you
can recycle it
before you bin
it.

Water all the
plants

Take a shower
instead of a
bath

Eat your
veggies

Turn off sockets
that don't need
to be on

Make something
with an old
cardboard box

Time your
shower. was
it less than
3 minutes?

Turn off sockets
that don't need
to be on

Check that no
taps are running
or dripping

Wash your hands
for 20 seconds
with warm water

Do one chore on
your chore list